

The Abi triplets: Sisters with passion for Law **P.8**



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Cavendish

Success begins at Cavendish University

Hon Owino: From Security guard to MP

The long journey of success: Hon Owino was one of the 620 students who graduated in August 2021 during the Cavendish University 10th graduation ceremony. He is now pursuing a Master's degree at CUU **P.4**



Hon. Walter Owino attends the CUU 10th graduation ceremony at Speke Resort Munyonyo.
PHOTO BY BENJAMIN MWIBO

New Guild Government Sworn-in at Cavendish

A new guild cabinet has been sworn-in following the just concluded elections at Cavendish University Uganda. The ceremony that was held on February 5 at the university's main campus in Nsambya, saw the swearing-in of new guild leaders for 2021-2022. **PAGE 2**



Maintaining hand hygiene beyond Covid-19

While some people frown upon this 'inconvenience,' there are some who have welcomed this new normal and hope it will remain even after the pandemic is over. **P. 3**

NEW GUILD CABINET SWORN-IN AT CAVENDISH



Rt.Hon. Ladouce Iradukunda (Left) takes oath during the swearing-in ceremony. PHOTO BY MARVIN MUTENYO

BY ALLEN HARRIET

A new guild cabinet has been sworn-in following the just con-

cluded elections at Cavendish University Uganda.

The ceremony that was held on February 5 at the university's main cam-

pus in Nsambya saw the swearing-in of new guild leaders for 2021-2022.

The new regime will have H.E. Blessed Atwine Mugisha as the Guild

President, being deputized by Ms. Tonia Upah Otigwohe. The new Speaker of the Guild Council is Rt.Hon. Ladouce Iradukunda. The new General Secretary is Mr. Nicholas Najuna and his deputy is Ms. Midutini Deborah Gibson Misa.

The new Cabinet will also have Ms. Joan Namubiru as the Minister for Justice and Constitutional Affairs; Minister for Sports and Games is Mr. Santos Miakol; Minister for Student Affairs is Mr. Marvin Francis Ssekyondwa and Mr. Ayom Wol Majok Mawien is the new Minister for Finance.

Furthermore, the other Cabinet Ministers are; Ms. Maryan Ahmed Adan who is the Minister for Health; Mr. Abdullahi Abudullahi Abdul the Minister for Foreign affairs; Minister for Information, Research, ICT and Innovation is Mr. Yusuf Abubakar.

The new Minister for students with Special Needs is Mr. Marcelino Junior Kayombo; Minister for Gender, Ethics and Integrity is Mr. Amsini Tambwe David; Minister for Culture and Mobilization is Ms. Iranezereza Saidate, and Mr. Nsubuga Douglas Warren is the Minister for Academic affairs.

The swearing-in was also attended by notables like Mr. Medard Nabaasa the Dean of Student, Dr. Olive Sabiiti the Deputy Vice Chancellor, and Miss Tourism Tooro, Angel Kobusinge.

See pictorials in Page 6

Cavendish dominates SSSU Leadership

BY FELIX TUNGA

For over four years now, Cavendish university students have been at the helm of South Sudan Student's Union-SSSU. South Sudan Student's Union-SSSU in Uganda started in 2008 and it has had four Union Presidents from Cavendish University. SSSU comprises of all higher institutions of learning in Uganda.

According to His Excellency Benny Machar Gum, the current President of the Union, South Sudan Student's Union in Uganda is very competitive. "The South Sudan Student's Union in Uganda is a very competitive and calls for determination and courage.

The desire to serve the people gave me the courage and strength to win this presidential race in the union and as our university motto says-success begins at Cavendish university Uganda," Gum said.

The 11th President of the Union ever since the administration resumed its full function also adds that: "Over the years, Cavendish University Uganda has dominated in the leadership

of the Union ever since its establishment and this is clearly on record because personally am the fourth union president from Cavendish university Uganda out of the eleven Presidents so far among all other institution in Uganda. It's a pride and privilege to Cavendish University as an institution because it's molding the future leaders of South Sudan and Africa at large."

Asked about the benefits associated with SSSU top seat, the third-year student of bachelor of Public Administration and Management said leadership is all about sacrifice.

"Leadership is a sacrifice for the people you serve and as an individual, what I gain in this leadership is when I intervene in a situation of helping a fellow student who is deeply in need and when it happens, I see a smile on my face," Gum said, adding that, "Gaining experience and exposure are some of the benefits I get in serving South Sudanese Students Union in Uganda.

There were six contestants from the different universities; such as Cavendish University Uganda, Makerere



University, Victoria University, Kyambogo University, St Lawrence University and Uganda Christian University but H.E Gum emerged the overall winner in the race.

Mr Gum also emphasized that SSSU exists to help many vulnerable university students in Uganda. "We help the vulnerable and disadvantaged students through the mobilization of financial resources," Mr Gum said.

He also added that: "The Union also keeps the database of all the graduates across the country and every year, it presents it to the Ministry of Public Service, nurture them, brings them closer to the government of South Sudan, promote unity and togetherness while in the diaspora, networking and

encourage each student to focus on their main purpose. The Union plays a role of speaking to fellow students to keep them focused."

Mr Gum further revealed that after his swearing-in ceremony at the embassy of South Sudan in Kampala, he has so far tried to establish contact with the leadership of South Sudan-President Salva Kiir Mayardit and the President sent \$20,000 to the union that was handed over to Mr Gum by Hon Col Joseph Bagansi Bakosoro, the Minister of Public Service during the swearing-in ceremony.

The Union has also managed to pay fees to a total of 30 students across the country in Mr Gum's shortest time in office.

EDITORIAL

Provide more handwashing facilities in schools

Although handwashing with soap is critical in the fight against infectious diseases, including COVID-19, globally, around 3 in 10 people – or 2.3 billion – do not have handwashing facilities with water and soap available at home. The situation is worst in the least developed countries, with over 6 in 10 people without access to basic hand hygiene, UNICEF warned on Global Handwashing Day.

In Uganda, access to handwashing with soap at household level stands at 38 per cent in rural areas in FY 2019/2020 following a 2 percentage point increase from 36 per cent in FY 2018/19 while coverage in urban areas increased to 61.1 per cent from 40 per cent during the same period, according to the Water and Environment Sector Performance Report 2020.

Hand washing with soap coverage is highest in the Northern region, followed by West Nile, Central, Western, Eastern, and lowest in the Karamoja sub-region. Despite the improvement in the hand washing coverage in schools by 16 percentage points from 42 per cent reported last FY 2018/19 to 58 per cent in FY2019/2020, progress remains slow.

UNICEF urges governments to commit to providing hand hygiene, not as a temporary response to the pandemic, but as an investment in public health and economic resilience.

The latest joint UNICEF and WHO report identifies five accelerators that can enable governments to rapidly scale up access to hand hygiene, including good governance, smart public finance, capacity building, consistent data, and innovation.

Hand hygiene cannot be viewed as a temporary provision to manage COVID-19. Further long-term investment in water, sanitation and hygiene can help prevent the next health crisis from coming. It also means fewer people falling ill with respiratory infections, fewer children dying from diarrheal diseases, and more pregnant mothers and newborns protected from preventable conditions like sepsis.

Maintaining hand hygiene beyond Covid-19

BY PATRICIA KISESI

Hand hygiene remains one of the most recommended defenses against the Covid-19 virus, along other public health measures such as, maintaining physical distance, avoiding crowded places, practicing cough etiquette, and properly wearing a facemask when in public.

With many adapting to this Standard Operating Procedures, SOPs, in a bid to avoid contacting the virus, what will happen when the pandemic is over?

While some people frown upon this ‘inconvenience,’ there are some who have welcomed this new normal and hope it will remain even after the pandemic is over.

“I like the fact that many people are constantly washing and sanitizing their hands and I hope this culture is maintained,” 35-year-old Kampala resident, Collin Kawusma retorted.

He further notes that because his family members are frequently washing their hands, issues like diarrhea and flu have been a rare occurrence in his home for a while.

The father of two added that: “My children have not suffered from diarrhea or stomach infections since the outbreak of Covid-19.”

Hand hygiene and infectious diseases. Is there a relationship?

In a report by UNICEF, in 2017 diarrhea is named the leading killer of children, accounting for approximately 8% of all deaths among children under age 5 worldwide. This translates to over 1,400 young children dying each day, or about 525,000 children a year, despite the availability of a simple treatment solution.

This is not the first time the world is called on to maintain hand hygiene to prevent disease. This routine has been hailed by medical experts as the first line of defense against the spread of infectious diseases that have claimed many lives, especially those in developing countries.

In Uganda, the situation is more disturbing. The same report indicates that approximately 23,000 Ugandans, including 19,700 children under



5, die each year from diarrhea – nearly 90% of which is directly attributed to poor Water, Sanitation, and Hygiene (WASH).

The UN organizations and donor agencies such as UNICEF, WHO and USAID among others have adopted the Water, Sanitation and Hygiene campaign dubbed WASH, an effort by the Water Supply and Sanitation Collaborative Council, to implement health water and environmental sanitation.

To further highlight the importance of hand hygiene, each year on October 15, the world commemorates the global handwashing day which highlights the importance of handwashing with soap and water at home, in the community, and around the world.

This day on which people are equally taught handwashing techniques serves as a yearly reminder that handwashing with soap and water is one of the best steps, we can take to avoid getting sick and spreading germs to others. The observance was established by the Global Handwashing Partnership in 2008.

Beyond the health aspect, proper hand hygiene gives people a sense of safety. Some people are now more comfortable getting food outside their homes because more people are embracing the idea of constantly cleaning their hands.

“I never used to like eating out because I would always wonder if the person serving and bringing my food had washed their hands. But now, when I walk into a restaurant and I see handwashing points and sanitizers everywhere, I feel relieved,” Kawuma narrates.

Ali Babu, the manager at Fresh Foods restaurant Kinoni, a Kampala suburb says that handwashing has

been something that they always adhered to even before the pandemic.

“We have always had handwashing facilities here. It’s required of us who work in restaurants to ensure that our hands are always clean because we handle food and we do not want to get our customers sick,” he says when asked about the handwashing norm today.

Despite being an effective way to stay healthy and avoid contracting and spreading the Covid 19 virus, there are those who struggle with adhering to this SOP.

Many are looking at manufacturing hand sanitizers as a way to make a living. In the process, the market is flooded with substandard sanitizers which could be harmful in the long run.

Apart from containing hazardous chemicals that can cause harm, these sanitizers may contain ingredients that have no effect on the pathogens that cause Covid-19 thereby putting the user in danger of getting the virus. According to Healthline, a pathogen is an organism that causes disease while Medical News Today researchers have demonstrated that solutions containing 60% ethanol and 70% isopropanol, which are the active ingredients in Center for Disease Control-recommended alcohol-based hand sanitizers, are effective in the fight against this virus.

Furthermore, soap is considered a luxury by many according to the Uganda Bureau of Statistics report of 2020, 8.5% of households in Uganda which adds that most are chronically poor. On average, the price of an ordinary piece of soap is about Shs.1000, an expense that many people cannot afford.

Catherine Ninsiima, 23, admits that while she knows the importance of constantly sanitizing during the Covid-19 pandemic, she is not eager to do so because many times the sanitizers leave her hands appearing dry and rough.

“I wish these sanitizers had some sort of moisturizing oil incorporated in them. Otherwise, if a place does not have water and soap, chances are I will walk past the sanitizer without using it. It always makes my hands dry and flaky,” she says.

Nonetheless, the Covid-19 pandemic has shone a light on this often-ignored but important habit. Governments around the world are scaling up efforts to promote hand hygiene in a bid to control the spread of the virus.

While some people are counting down to a time when things will return to “normal,” for many like Kawuma, the pandemic has presented a silver lining.

Hon Owino's journey from a security guard to Parliament



Hon. Walter Owino, MP Awendo Constituency

BY BENJAMIN MWIBO

Hon. Walter Owino is a Member of Parliament in the Republic of Kenya representing Awendo Constituency, Rigoli County in the Nyanza province. He was one of the 620 students who graduated in August 2021 during the Cavendish University 10th graduation ceremony. Hon. Owino graduated with a first-class bachelor's degree in International Relations and Diplomacy.

Who is Hon. Owino?

Hon. Owino was born in 1974 in a polygamous family where his mother was the second wife and he was the second born of his mother. His father was a junior civil servant in Kenya while his mother was a house wife with no income at all and depended mainly on farming and local illicit brewing commonly known as changaa in Kenya.

Hon Owino did his primary education and passed well and he was later admitted at Homabay High school (then a provincial school) for 'O' level. He, however, never joined Homabay High school because he took long to report since he was looking for school fees and his vacancy was given to another student.

He ended up joining Olare Mixed Secondary school where the school fees were not high. Even when this school was affordable to many low-income earners, Hon Owino was always on and out of school because of school fees.

Dropping out of school

Hon Owino did not complete his

'O' level on time as planned. He temporarily dropped out of school because of difficulty in paying fees to allow his older siblings proceed with their studies since they were ahead of him. He stayed home for a year and later joined school again.

He says that staying home when other children in the neighborhood were going to school was very stressful. He later joined his father at Londiani town in the Kericho County.

While there with his father, he did some manual work at an oil company depot before being given some clerical duties to perform at a sawmill where he worked as a timber tallying clerk in which he could accompany the truck loaded with timbers to clients to obtain pay cheques.

This movement helped him to reach Nairobi for the first time when he had delivered timber to a client in Embakasi and industrial area.

Working as a security guard

One day during the timber deliveries, Hon Owino overheard a watchman at

one of the timber yards telling a worker that their company was recruiting security guards. He picked interest and tried his luck.

After offloading timber, he took the cheque and went back to Londiani but absconded duty to travel back to Nairobi to apply for the job. Hon Owino got the job of a watchman and attended a two-weeks training before being deployed to guard residential homes in up market area of Nairobi.

However, he didn't like it after a short time. "I didn't like the job but had no choice because I wanted money for survival and also to save for my school fees which I had to accomplish no matter how long it takes," Hon Owino lamented.

He worked as a security guard for a month before being moved to work as a courier guard at the company's headquarters. This was at least better because it only required sorting and delivering parcels to their respective owners. As fate would dictate, he was promoted from being a courier guard to personnel clerk in the Human Resource Department.

The work environment had drastically changed, and he was no longer wearing the guard's uniform but could now dress officially in suits and ties.

Trying music promotion

In a bid to boost his income, Hon Owino also found his way in music, not as a singer but as a promoter. "I got some very talented young musician and used my marketing skills to market him. I was able to earn some money in the process which supplemented my income," Hon Owino recalls.

"However, there was a challenge, mixing entertainment and security industry was not easy and my employer noticed my divided attention and told me to choose between the two," Hon Owino said. Because of pressure from his boss, he decided to leave the security employment to concentrate on his music promotion.

"I could now concentrate on managing the band. I was now in charge of organising for live performances, negotiating for payments, marketing and distributing the cassettes," Hon Owino recalls.

Buying a security company

After a short time, the security company that employed Hon Owino was on sale and the owner wanted to relocate to the village.

The owner of the company contacted Hon Owino to get him a buyer. Being a former employee in this company, Hon Owino picked interest in buying the company but he did not have the money.

"I saw this as a good business opportunity but the price offered was beyond my reach. I prayed to God and for sure God helped me," Hon Owino said in a low tone.

He used some little savings he had, made partial payment to his former boss and requested for a time frame of a few months to allow him pay the remaining money, but the transfer of the company's ownership would only be upon completion of the whole payment.

Within a year, Hon Owino was able to have full ownership of the company. "I worked so hard and within about one year, I finished paying and got full ownership of the company," Hon Owino said with a smile.

The company has now grown to become one of the best private security companies in Kenya with major services being provided to government institutions. The company now boasts of having over 3000 employees.

Education and politics

Hon Owino registered for a diploma in Business Administration and Management which he successfully completed. He then enrolled for a degree course, still at a university in Kenya to pursue a bachelors of Commerce in Business Administration but he did not complete his studies because of insufficient time for physical attendance of lectures.

At this time, he had joined politics which required him to be in the constituency much of the time. Hon Owino was elected to represent Awendo constituency in 2017.

Because of the determination to study, Hon Owino started looking for a university with flexible learning programmes. His friend told him of Cavendish University Uganda. He went to the university website, read through the courses and realized that he could learn virtually and only attend physical classes during exams.

He abandoned the Business Administration and Management course for International Relations and Diplomatic Studies because the course relates to his duties in Parliament. He graduated last year. "I recently graduated with a 1st Class Honor's degree in International Relations and Diplomatic studies at Cavendish University," Hon Owino said.

He is now pursuing a master's degree in the same course at Cavendish University Uganda, a course he enrolled for a week after graduation.



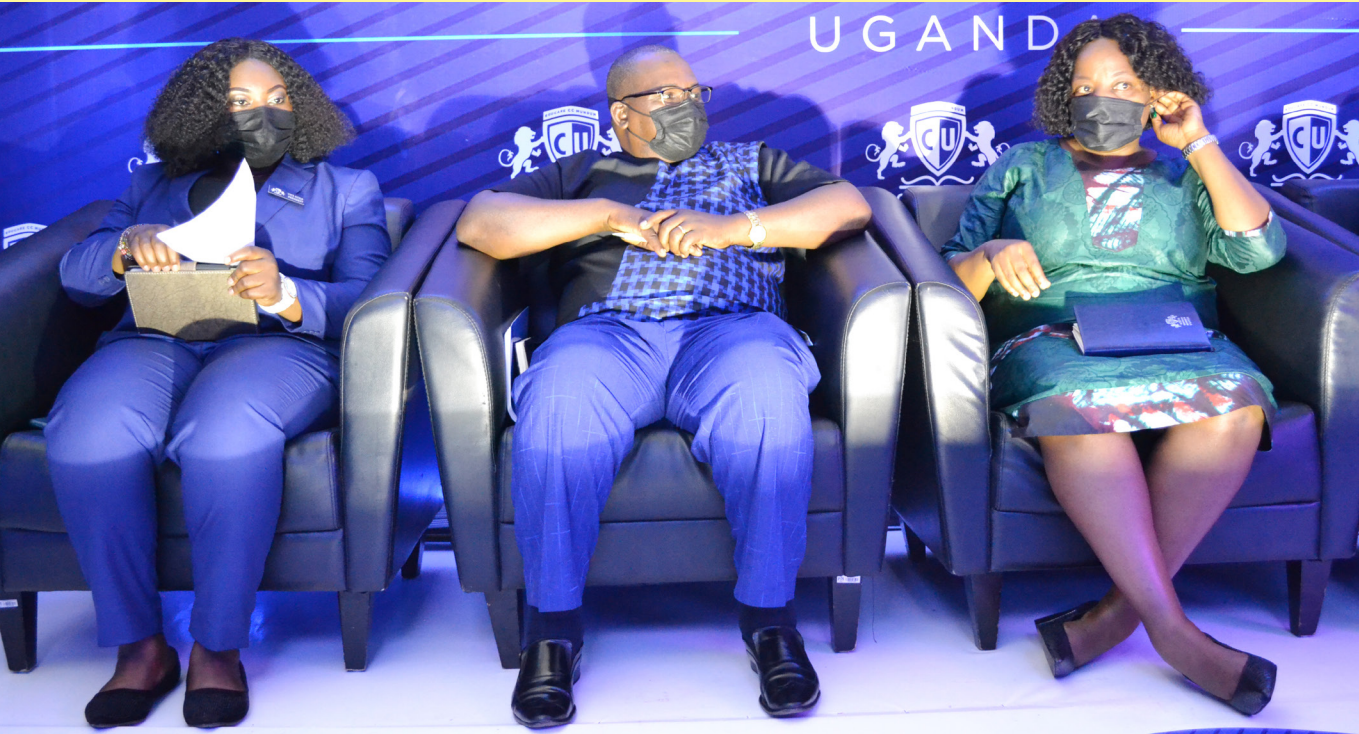


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L-R: Ms. Tonia Upah Otiigwohe, Mr. Medard Nabaasa, Dr. Olive Sabiiti



H.E. Blessed Atwine Mugisha giving a speech



Mr. Wilson Musinguzi



Mr. Abdullahi Abudullahi Abdul the Minister for Foreign affairs



Ms. Saidate Iranezereza, Minister for Culture and Mobilization takes an oath.



The Guild Cabinet poses for a photo with Mr. Nabaasa and Dr. Sabiiti



Some of the Guild Cabinet ministers who attended the swearing-in ceremony



Mr. Douglas Warren Nsubuga



Ms. Ahmed Maryan



Mr. Ayom Majok



Mr. David Amsini



Mr. Yusuf Abubakar



Mr. Santos Miakol



Cavendish students (left) receive certificate, award and cheque from AYLF staff. FILE PHOTO

Cavendish Scoops AYLF Award

BY MARVIN MUTENYO

Cavendish University recently won the Africa Youth Leadership Forum (AYLF), Small Group of the year award at the Small Groups Coordinators Retreat after beating 21 other universities that participated in the organizations' annual activities and programs.

Following the three-day AYLF Coordinator's retreat that took place

at Musana Camps Mukono, the Cavendish university also received a five hundred thousand shillings grant from the prestigious organization, as well as, a certificate of excellence for being a leading partner with the organization in mentoring and students leadership skills development.

With integrity and honesty being one of the organization's core values, AYLF was formed in 2007 and is now

active in Uganda, Rwanda, Kenya, Burundi, Tanzania, South Sudan and DR Congo, and has over 31 small groups in the country.

AYLF aims to be a movement of friends, and nurture a new breed of leaders in Africa, basing on the leadership qualities, values and principles of Jesus of Nazareth as exemplified by Julius Nyerere, Mahatma Ghandi, Nelson Mandela, Martin Luther King Jr, William Wilberforce, Kwame Nkrumah, Anwar Sadat and others of their kind.

At the heart of AYLF is the dream that leaders in Africa will know how to reconcile relationships, speak the truth without being religious or divisive, see people without labels or

stereotypes and ultimately love each other and those whom they lead.

"With the success reached by our small group such as successfully hosting the AYLF female student leaders conference, charity outreach at Katalamwa, we project to have a more vibrant impact in the campus debates, community outreaches, liaising with the Guild to be in place to mentor Guild leaders and to ensure a sound democratic platform," said Arafat Mwanje the AYLF Cavendish small group leader.

The coordinator's annual retreat that took place from 18th-20th February, brought together all small group coordinators for capacity building, leadership training and to recognize exceptional performance in regard to the organization values among the small groups.

The retreat involved a series of activities such as small group discussions on how to have meaningful impact in the various universities and communities, mountain hiking, swimming and various games.

In attendance were 18 university AYLF small group coordinators from YMCA, Makerere University, Kyambogo University, Gulu University, Kampala University, Islamic University in Uganda, Mutesa Royal and Lira University among others.

These activities were purposed to have the coordinators from various universities freely interact with each other and rejuvenate after an entire year of activities and to recognize exceptional performance in regard to the organization values among the small groups' coordinators.

CUU, CUZ students hold meeting for the first time

JOANITA ATUHWERA

For the first time in history, the students from the two Cavendish, Uganda and Zambia held a meeting aimed at bridging the communication gap between the students of the two institutions.

Mr. Atwiine Mugisha the 13th Guild president of Cavendish University Uganda has always worked hard to have a meeting of such a kind. The March 18 afternoon online meeting was presided over by Mr Atwiine Mugisha and his counterpart Mr Peter Kayombo the Guild president Cavendish University Zambia.

Mr Atwiine says that the meeting was to strengthen students' relationship between the two universities. "The goal of the meeting is to initiate and foster student relations between the two sister universities.

And as the two cabinets, we shall start collaborating by way of bench-

marking and pushing our intentions to our respective administrations," said Atwiine.

Also, in the attendance were a few Cabinet ministers from the two institutions. For CUU, there was Ms. Tonia Upah the Vice Guild President, Rt. Hon. Ms. Ladouce Iradukunda Guild Council Speaker, Mr. Nicholas Najuna the General Secretary, and Ms. Joan Namubiru the Minister for Justice and Constitutional Affairs.

The others were Mr. Marcelino Kayombo the Minister for Production and Employment, Mr. Abdullahi Abdullahi the Minister for Foreign Affairs, Ms. Maryan Ahmed, the Minister for Health, and Mr. Santos Aguer Miakol the Minister for Games and Sports.

From CUZ, the Cabinet ministers included; Ms. Towela Harawa the Vice President, Rt. Hon. Mr. Edward Milambo the Prime Minister (Gen Sec), Chifita the Minister for Finance,



Mr. Blessed Atwiine Mugisha, CUU Guild President

Mr. Vinjeru Longwe the Minister for Foreign Affairs, Mr. Phiri Bisco, Ms. Karen Mapulanga among others.

According to Mr Atwiine, this meeting was to further discuss possibilities of having joint students' activities such as debates, moots for law students, webinars and even start exchange programmes among teaching staff.

"I implore all students to do all they

can to make our dear Cavendish grow and shine. They shouldn't wait for any push, they should take the initiative to correct what they feel is wrong, show up and move the trends in Cavendish. And for all leaders, don't be limited by the office you hold, do or engage with those holding higher offices to achieve results," Mr Atwiine concluded.

The Abi triplets: Sisters with passion for Law



JOANITA ATUHWERA

The Abi triplets; Marylin, Marian and Maryscent are the three beautiful girls bond by sisterhood. The three are identical, making it very hard to identify one from the others, unless someone is close to them. Inseparable by experiences from childhood, they have grown into intellectually amazing girls with bigger dreams to change their family.

Growing up together in the same home, attending the same schools from Primary to University, they are a triangle of absolute unity and bond by genuine love.

Born in Rukungiri district to Mr Abiine Tumwine Gerevase (deceased) and Mrs Maryscent Ariyo Abiine both professional teachers, the triplets have beaten all odds to be at school.

Their parents have both taught in many secondary schools including St Charles Lwanga Nyakyibale and St Paul's secondary school Buyanja. At the time of his death in 2018, Mr Abiine was the head teacher of St Paul's secondary school Buyanja.

The triplets have two brothers, one born before them and one born after them. Now a single mother, Mrs Abiine has been left with the sole responsibility of educating the triplets.

Today, the Abi triplets are in their first year second semester at Cavendish University Uganda pursuing bachelors of Law (LLB). The triplets also share a lot among themselves and they are friends who usually move

together, making it uncommon to see any of them moving alone.

Asked why they all preferred to pursue the same career path, Marylin said: "We like watching movies especially the detective, crime movies are one of the reasons that triggered us to fall in love with the profession of law, more to that was that we were not into sciences."

Another justification is that they want to offer justice to the community. "We were inspired by the way lawyers always help to offer justice for society and helping victims. We also want to offer justice to our community," said Marian.

The desire to be different from their

parents also helped the triplet to opt for law. "We are all inquisitive and argumentative on issues and following this path of Law was the best choice we made, since we wanted to challenge our parents' profession," Maryscent emphasized.

As some children follow their parents' footsteps, the Abi triplets followed their own path, Law- the profession they felt would best bring out their dignity, respect, abilities, their need to help communities and make their parents proud.

Their mother was, however, surprised that her daughters enrolled for the same course which was against her will. Since the girls had made their choice of the courses, she had to let them pursue their careers.

Having done everything together since childhood, the Abi triplets are not only looking at pursuing Law and helping communities, but they are also passionate about fashion, music, reading novels and becoming inspirational to many youths as they intend to brand internationally.

The Abi triplets are friendly and they usually relate well with many people around them. They are among the few living triplets in the country.

What you should know about multiple births

Multiple births are much more common today than they were in the past. According to the US Department of Health and Human Services, the twin birth rate has increased by over 75% since 1980, and triplet, quadruplet, and high-order multiple births have increased at an even higher rate.

There are more multiple births today in part because more women are receiving infertility treatment, which carries a risk of multiple pregnancy.

However, since the first publication in 1998 of the American Society for Reproductive Medicine's (ASRM's) Guidelines on Number of Embryos Transferred, the number of treatment-related pregnancies with triplets or more has decreased dramatically.

Also, more women are waiting until later in life to attempt pregnancy, and older women are more likely than younger women to get pregnant with multiples, especially with fertility treatment.

Although major medical advances have improved the outcomes of multiple births, multiple births still are associated with significant medical risks and complications for the mother and children.

